

Teaching to  
**Transgress**

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Education as the  
Practice of Freedom

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7	Holding My Sister's Hand	93
	Feminist Solidarity	
8	Feminist Thinking	111
	In the Classroom Right Now	
9	Feminist Scholarship	119
	Black Scholars	
10	Building a Teaching Community	129
	A Dialogue	
11	Language	167
	Teaching New Worlds / New Words	
12	Confronting Class	177
	in the Classroom	
13	Eros, Eroticism,	191
	and the Pedagogical Process	
14	Ecstasy	201
	Teaching and Learning Without Limits	
	Index	209

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## Introduction

### Teaching to Transgress

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In the weeks before the English Department at Oberlin College was about to decide whether or not I would be granted tenure, I was haunted by dreams of running away—of disappearing—yes, even of dying. These dreams were not a response to fear that I would not be granted tenure. They were a response to the reality that I *would* be granted tenure. I was afraid that I *would* be trapped in the academy forever.

Instead of feeling elated when I received tenure, I fell into a deep, life-threatening depression. Since everyone around me believed that I should be relieved, thrilled, proud, I felt “guilty” about my “real” feelings and could not share them with anyone. The lecture circuit took me to sunny California and the New Age world of my sister’s house in Laguna Beach where I was able to chill out for a month. When I shared my feelings with my sister (she’s a therapist), she reassured me that they were entirely appropriate because, she said, “You never wanted

to be a teacher. Since we were little, all you ever wanted to do was write." She was right. It was always assumed by everyone else that I would become a teacher. In the apartheid South, black girls from working-class backgrounds had three career choices. We could marry. We could work as maids. We could become school teachers. And since, according to the sexist thinking of the time, men did not really desire "smart" women, it was assumed that signs of intelligence sealed one's fate. From grade school on, I was destined to become a teacher.

But the dream of becoming a writer was always present within me. From childhood, I believed that I would teach *and* write. Writing would be the serious work, teaching would be the not-so-serious-I-need-to-make-a-living "job." Writing, I believed then, was all about private longing and personal glory, but teaching was about service, giving back to one's community. For black folks teaching—educating—was fundamentally political because it was rooted in antiracist struggle. Indeed, my all-black grade schools became the location where I experienced learning as revolution.

Almost all our teachers at Booker T. Washington were black women. They were committed to nurturing intellect so that we could become scholars, thinkers, and cultural workers—black folks who used our "minds." We learned early that our devotion to learning, to a life of the mind, was a counter-hegemonic act, a fundamental way to resist every strategy of white racist colonization. Though they did not define or articulate these practices in theoretical terms, my teachers were enacting a revolutionary pedagogy of resistance that was profoundly anticolonial. Within these segregated schools, black children who were deemed exceptional, gifted, were given special care. Teachers worked with and for us to ensure that we would fulfill our intellectual destiny and by so doing uplift the race. My teachers were on a mission.

To fulfill that mission, my teachers made sure they "knew" us. They knew our parents, our economic status, where we worked, what our homes were like, and how we were treated in the family. I went to school at a historical moment where I was being taught by the same teachers who had taught my mother, her sisters, and brothers. My effort and ability to learn was always contextualized within the framework of generational family experience. Certain behaviors, gestures, habits of being were traced back.

Attending school then was sheer joy. I loved being a student. I loved learning. School was the place of ecstasy—pleasure and danger. To be changed by ideas was pure pleasure. But to learn ideas that ran counter to values and beliefs learned at home was to place oneself at risk, to enter the danger zone. Home was the place where I was forced to conform to someone else's image of who and what I should be. School was the place where I could forget that self and, through ideas, reinvent myself.

School changed utterly with racial integration. Gone was the messianic zeal to transform our minds and beings that had characterized teachers and their pedagogical practices in our all-black schools. Knowledge was suddenly about information only. It had no relation to how one lived, behaved. It was no longer connected to antiracist struggle. Bussed to white schools, we soon learned that obedience, and not a zealous will to learn, was what was expected of us. Too much eagerness to learn could easily be seen as a threat to white authority.

When we entered racist, desegregated, white schools we left a world where teachers believed that to educate black children rightly would require a political commitment. Now, we were mainly taught by white teachers whose lessons reinforced racist stereotypes. For black children, education was no longer about the practice of freedom. Realizing this, I lost my love of school.

The classroom was no longer a place of pleasure or ecstasy. School was still a political place, since we were always having to counter white racist assumptions that we were genetically inferior, never as capable as white peers, even unable to learn. Yet, the politics were no longer counter-hegemonic. We were always and only responding and reacting to white folks.

That shift from beloved, all-black schools to white schools where black students were always seen as interlopers, as not really belonging, taught me the difference between education as the practice of freedom and education that merely strives to reinforce domination. The rare white teacher who dared to resist, who would not allow racist biases to determine how we were taught, sustained the belief that learning at its most powerful could indeed liberate. A few black teachers had joined us in the desegregation process. And, although it was more difficult, they continued to nurture black students even as their efforts were constrained by the suspicion they were favoring their own race.

Despite intensely negative experiences, I graduated from school still believing that education was enabling, that it enhanced our capacity to be free. When I began undergraduate work at Stanford University, I was enthralled with the process of becoming an insurgent black intellectual. It surprised and shocked me to sit in classes where professors were not excited about teaching, where they did not seem to have a clue that education was about the practice of freedom. During college, the primary lesson was reinforced: we were to learn obedience to authority.

In graduate school the classroom became a place I hated, yet a place where I struggled to claim and maintain the right to be an independent thinker. The university and the classroom began to feel more like a prison, a place of punishment and confinement rather than a place of promise and possibility. I

wrote my first book during those undergraduate years, even though it was not published until years later. I was writing; but more importantly I was preparing to become a teacher.

Accepting the teaching profession as my destiny, I was tormented by the classroom reality I had known both as an undergraduate and a graduate student. The vast majority of our professors lacked basic communication skills, they were not self-actualized, and they often used the classroom to enact rituals of control that were about domination and the unjust exercise of power. In these settings I learned a lot about the kind of teacher I did not want to become.

In graduate school I found that I was often bored in classes. The banking system of education (based on the assumption that memorizing information and regurgitating it represented gaining knowledge that could be deposited, stored and used at a later date) did not interest me. I wanted to become a critical thinker. Yet that longing was often seen as a threat to authority. Individual white male students who were seen as "exceptional," were often allowed to chart their intellectual journeys, but the rest of us (and particularly those from marginal groups) were always expected to conform. Nonconformity on our part was viewed with suspicion, as empty gestures of defiance aimed at masking inferiority or substandard work. In those days, those of us from marginal groups who were allowed to enter prestigious, predominantly white colleges were made to feel that we were there not to learn but to prove that we were the equal of whites. We were there to prove this by showing how well we could become clones of our peers. As we constantly confronted biases, an undercurrent of stress diminished our learning experience.

My reaction to this stress and to the ever-present boredom and apathy that pervaded my classes was to imagine ways that teaching and the learning experience could be different.

When I discovered the work of the Brazilian thinker Paulo Freire, my first introduction to critical pedagogy, I found a mentor and a guide, someone who understood that learning could be liberatory. With his teachings and my growing understanding of the ways in which the education I had received in all-black Southern schools had been empowering, I began to develop a blueprint for my own pedagogical practice. Already deeply engaged with feminist thinking, I had no difficulty bringing that critique to Freire's work. Significantly, I felt that this mentor and guide, whom I had never seen in the flesh, would encourage and support my challenge to his ideas if he was truly committed to education as the practice of freedom. At the same time, I used his pedagogical paradigms to critique the limitations of feminist classrooms.

During my undergraduate and graduate school years, only white women professors were involved in developing Women's Studies programs. And even though I taught my first class as a graduate student on black women writers from a feminist perspective, it was in the context of a Black Studies program. At that time, I found, white women professors were not eager to nurture any interest in feminist thinking and scholarship on the part of black female students if that interest included critical challenge. Yet their lack of interest did not discourage me from involvement with feminist ideas or participation in the feminist classroom. Those classrooms were the one space where pedagogical practices were interrogated, where it was assumed that the knowledge offered students would empower them to be better scholars, to live more fully in the world beyond academe. The feminist classroom was the one space where students could raise critical questions about pedagogical process. These critiques were not always encouraged or well received, but they were allowed. That small acceptance of critical interrogation was a crucial challenge inviting us as students to think seriously about pedagogy in relation to the practice of freedom.

When I entered my first undergraduate classroom to teach, I relied on the example of those inspired black women teachers in my grade school, on Freire's work, and on feminist thinking about radical pedagogy. I longed passionately to teach differently from the way I had been taught since high school. The first paradigm that shaped my pedagogy was the idea that the classroom should be an exciting place, never boring. And if boredom should prevail, then pedagogical strategies were needed that would intervene, alter, even disrupt the atmosphere. Neither Freire's work nor feminist pedagogy examined the notion of pleasure in the classroom. The idea that learning should be exciting, sometimes even "fun," was the subject of critical discussion by educators writing about pedagogical practices in grade schools, and sometimes even high schools. But there seemed to be no interest among either traditional or radical educators in discussing the role of excitement in higher education.

*Excitement* in higher education was viewed as potentially disruptive of the atmosphere of seriousness assumed to be essential to the learning process. To enter classroom settings in colleges and universities with the will to share the desire to encourage excitement, was to transgress. Not only did it require movement beyond accepted boundaries, but excitement could not be generated without a full recognition of the fact that there could never be an absolute set agenda governing teaching practices. Agendas had to be flexible, had to allow for spontaneous shifts in direction. Students had to be seen in their particularity as individuals (I drew on the strategies my grade-school teachers used to get to know us) and interacted with according to their needs (here Freire was useful). Critical reflection on my experience as a student in unexciting classrooms enabled me not only to imagine that the classroom could be exciting but that this excitement could co-exist with and even stimulate serious intellectual and/or academic engagement.

But excitement about ideas was not sufficient to create an exciting learning process. As a classroom community, our capacity to generate excitement is deeply affected by our interest in one another, in hearing one another's voices, in recognizing one another's presence. Since the vast majority of students learn through conservative, traditional educational practices and concern themselves only with the presence of the professor, any radical pedagogy must insist that everyone's presence is acknowledged. That insistence cannot be simply stated. It has to be demonstrated through pedagogical practices. To begin, the professor must genuinely *value* everyone's presence. There must be an ongoing recognition that everyone influences the classroom dynamic, that everyone contributes. These contributions are resources. Used constructively they enhance the capacity of any class to create an open learning community. Often before this process can begin there has to be some deconstruction of the traditional notion that only the professor is responsible for classroom dynamics. That responsibility is relative to status. Indeed, the professor will always be more responsible because the larger institutional structures will always ensure that accountability for what happens in the classroom rests with the teacher. It is rare that any professor, no matter how eloquent a lecturer, can generate through his or her actions enough excitement to create an exciting classroom. Excitement is generated through collective effort.

Seeing the classroom always as a communal place enhances the likelihood of collective effort in creating and sustaining a learning community. One semester, I had a very difficult class, one that completely failed on the communal level. Throughout the term, I thought that the major drawback inhibiting the development of a learning community was that the class was scheduled in the early morning, before nine. Almost always between a third and a half of the class was not fully awake. This, coupled with the tensions of "differences," was impossible to

overcome. Every now and then we had an exciting session, but mostly it was a dull class. I came to hate this class so much that I had a tremendous fear that I would not awaken to attend it; the night before (despite alarm clocks, wake-up calls, and the experiential knowledge that I had never forgotten to attend class) I still could not sleep. Rather than making me arrive sleepy, I tended to arrive wired, full of an energy few students mirrored.

Time was just one of the factors that prevented this class from becoming a learning community. For reasons I cannot explain it was also full of "resisting" students who did not want to learn new pedagogical processes, who did not want to be in a classroom that differed in any way from the norm. To these students, transgressing boundaries was frightening. And though they were not the majority, their spirit of rigid resistance seemed always to be more powerful than any will to intellectual openness and pleasure in learning. More than any other class I had taught, this one compelled me to abandon the sense that the professor could, by sheer strength of will and desire, make the classroom an exciting, learning community.

Before this class, I considered that *Teaching to Transgress: Education as the Practice of Freedom* would be a book of essays mostly directed to teachers. After the class ended, I began writing with the understanding that I was speaking to and with both students and professors. The scholarly field of writing on critical pedagogy and/or feminist pedagogy continues to be primarily a discourse engaged by white women and men. Freire, too, in conversation with me, as in much of his written work, has always acknowledged that he occupies the location of white maleness, particularly in this country. But the work of various thinkers on radical pedagogy (I use this term to include critical and/or feminist perspectives) has in recent years truly included a recognition of differences—those determined by class, race, sexual practice, nationality, and so on. Yet this movement forward does not seem to coincide with any significant

increase in black or other nonwhite voices joining discussions about radical pedagogical practices.

My pedagogical practices have emerged from the mutually illuminating interplay of anticolonial, critical, and feminist pedagogies. This complex and unique blending of multiple perspectives has been an engaging and powerful standpoint from which to work. Expanding beyond boundaries, it has made it possible for me to imagine and enact pedagogical practices that engage directly both the concern for interrogating biases in curricula that reinscribe systems of domination (such as racism and sexism) while simultaneously providing new ways to teach diverse groups of students.

In this book I want to share insights, strategies, and critical reflections on pedagogical practice. I intend these essays to be an intervention—countering the devaluation of teaching even as they address the urgent need for changes in teaching practices. They are meant to serve as constructive commentary. Hopeful and exuberant, they convey the pleasure and joy I experience teaching; these essays are celebratory! To emphasize that the pleasure of teaching is an act of resistance countering the overwhelming boredom, uninterest, and apathy that so often characterize the way professors and students feel about teaching and learning, about the classroom experience.

Each essay addresses common themes that surface again and again in discussions of pedagogy, offering ways to rethink teaching practices and constructive strategies to enhance learning. Written separately for a variety of contexts there is unavoidably some degree of overlap; ideas are repeated, key phrases used again and again. Even though I share strategies, these works do not offer blueprints for ways to make the classroom an exciting place for learning. To do so would undermine the insistence that engaged pedagogy recognize each classroom as different, that strategies must constantly be

changed, invented, reconceptualized to address each new teaching experience.

Teaching is a performative act. And it is that aspect of our work that offers the space for change, invention, spontaneous shifts, that can serve as a catalyst drawing out the unique elements in each classroom. To embrace the performative aspect of teaching we are compelled to engage “audiences,” to consider issues of reciprocity. Teachers are not performers in the traditional sense of the word in that our work is not meant to be a spectacle. Yet it is meant to serve as a catalyst that calls everyone to become more and more engaged, to become active participants in learning.

Just as the way we perform changes, so should our sense of “voice.” In our everyday lives we speak differently to diverse audiences. We communicate best by choosing that way of speaking that is informed by the particularity and uniqueness of whom we are speaking to and with. In keeping with this spirit, these essays do not all sound alike. They reflect my effort to use language in ways that speak to specific contexts, as well as my desire to communicate with a diverse audience. To teach in varied communities not only our paradigms must shift but also the way we think, write, speak. The engaged voice must never be fixed and absolute but always changing, always evolving in dialogue with a world beyond itself.

These essays reflect my experience of critical discussions with teachers, students, and individuals who have entered my classes to observe. Multilayered, then, these essays are meant to stand as testimony, bearing witness to education as the practice of freedom. Long before a public ever recognized me as a thinker or writer, I was recognized in the classroom by students—seen by them as a teacher who worked hard to create a dynamic learning experience for all of us. Nowadays, I am recognized more for insurgent intellectual practice. Indeed, the

academic public that I encounter at my lectures always shows surprise when I speak intimately and deeply about the classroom. That public seemed particularly surprised when I said that I was working on a collection of essays about teaching. This surprise is a sad reminder of the way teaching is seen as a duller, less valuable aspect of the academic profession. This perspective on teaching is a common one. Yet it must be challenged if we are to meet the needs of our students, if we are to restore to education and the classroom excitement about ideas and the will to learn.

There is a serious crisis in education. Students often do not want to learn and teachers do not want to teach. More than ever before in the recent history of this nation, educators are compelled to confront the biases that have shaped teaching practices in our society and to create new ways of knowing, different strategies for the sharing of knowledge. We cannot address this crisis if progressive critical thinkers and social critics act as though teaching is not a subject worthy of our regard.

The classroom remains the most radical space of possibility in the academy. For years it has been a place where education has been undermined by teachers and students alike who seek to use it as a platform for opportunistic concerns rather than as a place to learn. With these essays, I add my voice to the collective call for renewal and rejuvenation in our teaching practices. Urging all of us to open our minds and hearts so that we can know beyond the boundaries of what is acceptable, so that we can think and rethink, so that we can create new visions, I celebrate teaching that enables transgressions—a movement against and beyond boundaries. It is that movement which makes education the practice of freedom.

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## Engaged Pedagogy

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To educate as the practice of freedom is a way of teaching that anyone can learn. That learning process comes easiest to those of us who teach who also believe that there is an aspect of our vocation that is sacred; who believe that our work is not merely to share information but to share in the intellectual and spiritual growth of our students. To teach in a manner that respects and cares for the souls of our students is essential if we are to provide the necessary conditions where learning can most deeply and intimately begin.

Throughout my years as student and professor, I have been most inspired by those teachers who have had the courage to transgress those boundaries that would confine each pupil to a rote, assembly-line approach to learning. Such teachers approach students with the will and desire to respond to our unique beings, even if the situation does not allow the full emergence of a relationship based on mutual recognition. Yet the possibility of such recognition is always present.



Paulo Freire and the Vietnamese Buddhist monk Thich Nhat Hanh are two of the "teachers" who have touched me deeply with their work. When I first began college, Freire's thought gave me the support I needed to challenge the "banking system" of education, that approach to learning that is rooted in the notion that all students need to do is consume information fed to them by a professor and be able to memorize and store it. Early on, it was Freire's insistence that education could be the practice of freedom that encouraged me to create strategies for what he called "conscientization" in the classroom. Translating that term to critical awareness and engagement, I entered the classrooms with the conviction that it was crucial for me and every other student to be an active participant, not a passive consumer. Education as the practice of freedom was continually undermined by professors who were actively hostile to the notion of student participation. Freire's work affirmed that education can only be liberatory when everyone claims knowledge as a field in which we all labor. That notion of mutual labor was affirmed by Thich Nhat Hanh's philosophy of engaged Buddhism, the focus on practice in conjunction with contemplation. His philosophy was similar to Freire's emphasis on "praxis"—action and reflection upon the world in order to change it.

In his work Thich Nhat Hanh always speaks of the teacher as a healer. Like Freire, his approach to knowledge called on students to be active participants, to link awareness with practice. Whereas Freire was primarily concerned with the mind, Thich Nhat Hanh offered a way of thinking about pedagogy which emphasized wholeness, a union of mind, body, and spirit. His focus on a holistic approach to learning and spiritual practice enabled me to overcome years of socialization that had taught me to believe a classroom was diminished if students and professors regarded one another as "whole" human

beings, striving not just for knowledge in books, but knowledge about how to live in the world.

During my twenty years of teaching, I have witnessed a grave sense of dis-ease among professors (irrespective of their politics) when students want us to see them as whole human beings with complex lives and experiences rather than simply as seekers after compartmentalized bits of knowledge. When I was an undergraduate, Women's Studies was just finding a place in the academy. Those classrooms were the one space where teachers were willing to acknowledge a connection between ideas learned in university settings and those learned in life practices. And, despite those times when students abused that freedom in the classroom by only wanting to dwell on personal experience, feminist classrooms were, on the whole, one location where I witnessed professors striving to create participatory spaces for the sharing of knowledge. Nowadays, most women's studies professors are not as committed to exploring new pedagogical strategies. Despite this shift, many students still seek to enter feminist classrooms because they continue to believe that there, more than in any other place in the academy, they will have an opportunity to experience education as the practice of freedom.

Progressive, holistic education, "engaged pedagogy" is more demanding than conventional critical or feminist pedagogy. For, unlike these two teaching practices, it emphasizes well-being. That means that teachers must be actively committed to a process of self-actualization that promotes their own well-being if they are to teach in a manner that empowers students. Thich Nhat Hanh emphasized that "the practice of a healer, therapist, teacher or any helping professional should be directed toward his or herself first, because if the helper is unhappy, he or she cannot help many people." In the United States it is rare that anyone talks about teachers in university settings as